SWIM TEAM SUMME

MAY 28TH - JULY 28TH









CATEGORY 1

K - 6th Grade

- Beginner athletes able to swim or kick 25 yards without assistance.
- \$300 includes t-shirt, swim cap, approximately 4 - 1-hour opportunities to practice M-F & 2 Kickstarts (30-minute one-on-one training sessions with our coaching staff).

CATEGORY 2 & 3

Grade 2 - 8

- Athletes with a basic understanding of all 4 strokes that want to learn how to stay physically fit and train for competition.
- \$400 include t-shirt, swim cap, and approximately 6 - 1 ½ hour opportunities to participate M-S.

SENIOR

Grade 6 - 12

- High school students that meet the performance requirements on the website. Advanced middle school students will also be considered.
- \$500 includes t-shirt, swim cap, and approximately 6 - 2-hour opportunities to participate M-S.

We welcome swimmers of all levels who can swim at least one length of the pool!

CLICK HERE TO REGISTER!

Each participant will be eligible to compete in swim meets that their ability level matches. Practices are subject to change due to swim meet schedule. Summer practice schedule can be found HERE.

For questions about group placement, please contact Head Coach Jordan Kuper at jordankuper10@gmail.com.

All swimmers must also register with USA Swimming (12 & Under \$30 Flex Membership/13 & over \$47.50 Seasonal Membership). A registration invitation will be sent to you upon completion of the EST Summer Special Registration.



Registration